



CAMP RIVERWOODSUMMER 2023 MENU

<u>Entrees</u>		Snacks & Desserts	
Buttery Pasta	\$6.50	Banana muffin (SFTE)	\$1.75
Chicken fried rice	\$7.00	Carrot muffin (GF) (SFTE)	\$1.75
Tofu fried rice	\$7.00	Chocolate chip cookie (SFTE)	\$1.50
Homemade Macaroni & cheese	\$6.70	Chocolate pudding	\$1.75
Chicken fingers with rice pilaf (GF) (H)	\$7.50	Diced fruit	\$2.35
Veggie fingers with rice pilaf	\$8.00	Fudgy Brownie (SFTE)	\$1.75
Meatballs with mashed potatoes & gravy (H)	\$8.00	Fruit of the day	\$1.75
Perogies (7 pcs) with sour cream	\$8.00	Popcorn	\$1.95
Pasta with meat sauce (GF)	\$8.00	Superfood granola bar (SFTE)	\$1.75
Pasta with tomato sauce (GF)	\$6.75		
Chicken Vegetable Stirfry (Io mein)	\$7.65	<u>Drinks</u>	
Tofu Vegetable Stirfry (Io mein)	\$7.65	Apple Juice	\$1.55
		Fruit Punch (Oasis Wildberry)	\$1.55
Sandwiches & Wraps		Strawberry Banana Orange juice	\$1.55
Beef burger	\$6.00	Apple Grape Juice	\$1.55
Chicken burger (H)	\$6.50		
Veggie burger	\$7.25	<u>Condiments</u>	
BLT (turkey bacon, lettuce, tomato)	\$7.00	Butter	\$0.35
Chicken Caesar Wrap (H)	\$7.25	Cheddar Cheese slice	\$0.55
Veggie (w/ tofu strips) Caesar Wrap	\$7.75	Parmesan cheese	\$0.55
Grilled cheese sandwich on whole wheat bread	\$6.50	Mayonnaise	\$0.35
Grilled cheese & turkey sandwich	\$7.50	Pickles	\$0.35
		Plum sauce	\$0.35
Side Items		Ketchup, Relish, Mustard, Mayo	Comp.
Steamed Corn niblets	\$2.00	Salt & Pepper	Comp.
Steamed Rice	\$2.60		
Edamame (cold, shelled)	\$2.60		
Garlic bread	\$2.00		
Cucumber slices	\$2.00	(GF) Gluten-friendly also available. See prices online.	
Veggies & dip (ranch)	\$3.00	(SFTE) Sweets from the Earth Premium Baked Good.	
Chicken fingers only (2pcs) (GF) (H)	\$5.25	HST will be added to the meal price at billing.	
Veggie fingers only (2pcs)	\$5.50		

Prepared with are in our inspected, commercial nut-free facility.

We specialize in individually packaged Grab'n'Go service. We follow all Public Health Guidelines & Safety Protocols.

Please contact us directly regarding any allergy questions or concerns.

Due to challenges with food supply, substitutions may be made at our discretion.

Visit our website at www.kidskitchen.ca for more menu options.

Ordering is easy! Online orders must be entered by 10am the previous business day.

Call: 905-944-0210 Email: information@kidskitchen.ca

Leave the lunches to us!

